



**Veterans Time Trial Association**  
**East Midlands Group**  
(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)



## VTTA Ivan Mahon 25 Mile TT

Saturday 3<sup>rd</sup> June 2023 at 2.00pm

**Event Secretary:** Russell Gent, 14 Westfield Road, Leicester, LE3 6HR  
Mobile 07802541082

**Timekeepers:** Sue Bowler VTTA East Midlands  
Paul Martin VTTA East Midlands

**Headquarters:** Farndon Memorial Hall, 117 Marsh Lane, Farndon, Notts,  
NG24 4TA  
**(The HQ will be open from 12:00 noon)**

### Parking and Use of the HQ

Some parking is available at the HQ and to maximise use of this please park reasonably closely together and do not take up parking space for static warm-ups. For those unable to park at the HQ please take note of the following:

- If parking on Marsh Lane or adjacent roads please do so with consideration for local residents and avoid blocking drives etc.
- In particular do not park on both sides of the road near the HQ. **At a past event the parked vehicles of some riders prevented a regular service bus getting through and the implications for emergency vehicles are extremely serious.**
- **There are laybys on the old A46 before and after the start but do not park at the start.**
- There is a very wide verge suitable for parking on the old A46 south of Eden Hall roundabout and only about half a mile from the start.

**Please give consideration to local residents and all other road users in the area so that we can continue to use this venue as a Headquarters**

### PRIZES:

|                                    | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|------------------------------------|-----------------|-----------------|-----------------|
| VTTA Members on AAT                | £40             | £30             | £20             |
| Fastest (actual time)              | £30             | £25             | £20             |
| Fastest Female (actual time)       | £30             | £20             |                 |
| Club Team on AAT (3 riders)        | £15 each        |                 |                 |
| ClubTeam on actual time (3 riders) | £15 each        |                 |                 |

**Please note that all awards on Age Adjusted Time are for VTTA members. These are indicated in the CAT column as VM or FVM. If you are a VTTA member and have not been correctly categorised please inform me before the event.**

**The Ivan Mahon Trophy** is awarded to the East Midlands VTTA member with the best Age Adjusted Time time in the event.

## **Numbers and Signing-on/off:**

Numbers will be at the HQ and can be collected when you sign-on. Please remember that you must sign-out after the event. This is to ensure that you are available for the Drug Test team if they attend the event. **Failure to sign out will result in a DNF classification. You should sign-out when you return your number in exchange for a drink after your ride.**

## **PLEASE REMEMBER:**

The use of working **front and rear lights**, whether flashing or constant, fitted to the machine in a position clearly visible to other road users and active whilst the machine is in use **is mandatory**. **A hard shell helmet is also mandatory.**  
**Compliance will be checked at the start line.**  
**No lights and helmet – no ride.**

## **Safety:**

Do not stop at the finish timekeeper but proceed for a short distance, make a U turn when safe to do so and return to the HQ to return your number and sign out.  
The A46 is a major trunk road so please take no chances and ride safely. Your welfare is worth more than your PB.

## **Start and warm up:**

To get to the start proceed south along Marsh road then left onto Main Street then right onto Fosse Rd. You are now on the last mile of the course so be aware of riders finishing. Proceed quickly and in single file past the finish making it obvious that you are not racing. The start is just after East Stoke. Please do not arrive at the start more than 5 minutes before your start time and warm up south of Eden Hall traffic island.

Between Farndon and Eden Hall please be aware of riders starting and finishing on this road. No competitors' cars at the start and riders should exercise social distancing whilst waiting to start.

## **A25/34 - 25 mile Course**

**Start:** at the speed derestriction sign on southbound exit from East Stoke on old A46. Proceed south to **Turn Left** at traffic island (near Eden Hall) to pass over A46 to **Turn Left** onto A46 southbound slip road. On A46, proceed south to take slip road from A46 to traffic roundabout at junction to Cropwell Bishop & Cotgrave (**Stragglethorpe Junction**). Take 4<sup>th</sup> exit to pass under the A46 to second roundabout. (Approx 10.4mls.) Take 3<sup>rd</sup> exit to slip road onto A46 northbound and proceed towards Newark. At **Farndon roundabout** take first exit onto old A46 (Fosse Way). (Approx 23.15mls.) Proceed south on old Fosse Way to finish 36 yards before the start of fence on RHS at gateway to River Trent and just before Stoke Warren Farm on approach to East Stoke. (25.00mls.).

## **Age Adjusted Times/Standard times**

This year the VTTA is introducing Age Adjusted times to replace Standard times as a clearer way of representing the performance of riders over 40.

The traditional standards system reports results as a vet's 'plus', or the improvement in minutes and seconds over the 'base' time that the standards system gives for their age and gender. **Age Adjustments in contrast reports a handicap, or adjusted, actual time. This gives an easily understood result which can also be readily compared to other riders.**

Age Adjustments uses the same statistical formula as the standards tables and will therefore **produce results in the same finishing order and with the same gaps between riders in terms of minutes and seconds**. What changes is the presentation. We hope you will find it easier to understand since it enables direct comparison with other over 40 riders.

**Thank you for your co-operation. Have a safe ride.**

## VTTA East Midlands Group Ivan Mahon 25 3rd June 2023

| No. | START TIME | NAME     |            | AGE | CAT | AAT*  | CLUB                            |
|-----|------------|----------|------------|-----|-----|-------|---------------------------------|
| 2   | 14:02      | Andrew   | Keightley  | 60  | VM  | 04:32 | Melton Olympic CC               |
| 3   | 14:03      | David    | Hayward    | 78  | VM  | 13:02 | Matlock CC                      |
| 4   | 14:04      | Harry    | Cowley     | 75  | VM  | 11:04 | Chester RC                      |
| 5   | 14:05      | Paul     | Brierley   | 56  | VM  | 03:23 | Huddersfield RC                 |
| 6   | 14:06      | Mark     | Philipson  | 66  | VM  | 06:38 | City RC (Hull)                  |
| 7   | 14:07      | Kathryn  | Smith      | 69  | FVM | 15:05 | Sleaford Wheelers CC            |
| 8   | 14:08      | John     | Capel      | 52  | V   |       | Coalville Whs                   |
| 9   | 14:09      | Jill     | Bartlett   | 63  | FV  | 12:24 | Hounslow & District Whs         |
| 10  | 14:10      | Isaac    | Russell    | 21  | M   |       | Team PB Performance             |
| 11  | 14:11      | Michael  | Wilkinson  | 63  | VM  | 05:31 | South Normanton C C             |
| 12  | 14:12      | Steve    | Cornish    | 67  | VM  | 07:03 | St Ives CC                      |
| 13  | 14:13      | Pamela   | Moore      | 55  | FVM | 09:42 | Coalville Whs                   |
| 14  | 14:14      | Gabriela | MacKinnon  | 62  | FVM | 12:01 | Coventry Triathletes            |
| 15  | 14:15      | Simon    | Geraci     | 55  | VM  | 03:07 | Swift Racing                    |
| 16  | 14:16      | Austin   | Smith      | 46  | V   |       | Welland Valley CC               |
| 17  | 14:17      | David    | Smith      | 72  | VM  | 09:23 | Sleaford Wheelers CC            |
| 18  | 14:18      | Garry    | Shuker     | 67  | VM  | 07:03 | Walsall Roads Cycling Club      |
| 19  | 14:19      | Gary     | Ashwell    | 61  | V   |       | Welland Valley CC               |
| 20  | 14:20      | Chris    | Ward       | 57  | VM  | 03:39 | Spalding CC                     |
| 21  | 14:21      | Craig    | Lamb       | 54  | VM  | 02:52 | Alford Whs                      |
| 22  | 14:22      | Lindsay  | Clarke     | 61  | FV  |       | Fenland Clarion CC              |
| 23  | 14:23      | Phil     | Wright     | 68  | VM  | 07:28 | Hartlepool CC                   |
| 24  | 14:24      | Sarah    | Soden      | 59  | FVM | 10:57 | Leicester Forest CC             |
| 25  | 14:25      | Tony     | Ball       | 54  | VM  | 02:52 | Legato Racing Team (LRT)        |
| 26  | 14:26      | Jonathan | Durnin     | 51  | VM  | 02:10 | Welland Valley CC               |
| 27  | 14:27      | Fay      | Barrington | 53  | FVM | 09:09 | Banbury Star Cyclists' Club     |
| 28  | 14:28      | Susan    | Semple     | 57  | FVM | 10:18 | Legato Racing Team (LRT)        |
| 29  | 14:29      | Daniel   | Goodwin    | 36  | M   |       | Glossop Kinder Velo CC          |
| 30  | 14:30      | Neil     | Cleminshaw | 53  | VM  | 02:37 | ADDFORM Vive Le Velo            |
| 31  | 14:31      | Matt     | Plews      | 48  | VM  | 01:31 | Welland Valley CC               |
| 32  | 14:32      | Reed     | Partridge  | 50  | V   |       | Ambion Racing Team              |
| 33  | 14:33      | Ian      | Peacock    | 71  | VM  | 08:52 | Leek CC - Den Engel Belgian Bar |
| 34  | 14:34      | Steve    | Clarke     | 62  | V   |       | Fenland Clarion CC              |
| 35  | 14:35      | Nick     | Cave       | 57  | VM  | 03:39 | Team Lutterworth Cycle Centre   |
| 36  | 14:36      | Paul     | Westwood   | 50  | V   |       | Brereton Whs                    |
| 37  | 14:37      | Thomas   | Stegeman   | 20  | M   |       | RAF Cycling Association         |
| 38  | 14:38      | Andy     | Smith      | 49  | V   |       | Mansfield Road Club             |
| 39  | 14:39      | Fergus   | Gunn       | 23  | M   |       | Loughborough Students CC        |
| 40  | 14:40      | Lee      | Tunncliffe | 37  | M   |       | South Normanton C C             |
| 41  | 14:41      | Alastair | Semple     | 55  | VM  | 03:07 | Legato Racing Team (LRT)        |
| 42  | 14:42      | Mick     | Stevens    | 73  | VM  | 09:55 | Melton Olympic CC               |
| 43  | 14:43      | Alex     | Critcher   | 47  | VM  | 01:19 | Team Wheelguru                  |
| 44  | 14:44      | Tyler    | Bucknall   | 21  | M   |       | Lindsey Roads Cycling Club      |
| 45  | 14:45      | Joseph   | Costello   | 64  | VM  | 05:53 | Legato Racing Team (LRT)        |
| 46  | 14:46      | Jez      | Willows    | 58  | VM  | 03:56 | Sherwood CC                     |
| 47  | 14:47      | Adrian   | Killworth  | 54  | V   |       | Welland Valley CC               |
| 48  | 14:48      | Michael  | Summers    | 49  | VM  | 01:43 | Team Wheelguru                  |
| 49  | 14:49      | Stephen  | Wilkinson  | 60  | VM  | 04:32 | VTTA N Lancs & Lakes Group      |
| 50  | 14:50      | Tristan  | Pilling    | 21  | M   |       | 360cycling                      |
| 51  | 14:51      | Zak      | Machin     | 17  | M   |       | Cero/Cycledivision              |
| 52  | 14:52      | Simon    | Hall       | 43  | M   |       | Stourbridge CC                  |

|    |       |           |            |    |    |       |                               |
|----|-------|-----------|------------|----|----|-------|-------------------------------|
| 53 | 14:53 | Andrew    | Coulbeck   | 57 | VM | 03:39 | ADDFORM Vive Le Velo          |
| 54 | 14:54 | David     | Yarham     | 70 | VM | 08:32 | Peterborough CC               |
| 55 | 14:55 | David     | Parkin     | 36 | M  |       | Velotik Racing Team           |
| 56 | 14:56 | Stuart    | Wells      | 51 | V  |       | Lindsey Roads Cycling Club    |
| 57 | 14:57 | Ian       | Wroblewski | 49 | VM | 01:43 | Team Lutterworth Cycle Centre |
| 58 | 14:58 | Tim       | Baggs      | 53 | VM | 02:37 | Sherwood CC                   |
| 59 | 14:59 | Simon     | Ward       | 52 | VM | 02:23 | Welland Valley CC             |
| 60 | 15:00 | David     | Mead       | 46 | V  |       | Team Lutterworth Cycle Centre |
| 61 | 15:01 | Mark      | Bottrill   | 38 | M  |       | Team Bottrill                 |
| 62 | 15:02 | Michael   | Wills      | 64 | VM | 05:53 | Team Lutterworth Cycle Centre |
| 63 | 15:03 | Nik       | Kershaw    | 51 | V  |       | Welland Valley CC             |
| 64 | 15:04 | Kevin     | Humphreys  | 63 | VM | 05:31 | Sherwood CC                   |
| 65 | 15:05 | Julian    | Ramsbottom | 51 | VM | 02:10 | Team Bottrill                 |
| 66 | 15:06 | Matthew   | Uttley     | 48 | VM | 01:31 | Nottingham Clarion CC         |
| 67 | 15:07 | Phillip   | Tyas       | 41 | VM | 00:11 | Barnsley Road Club            |
| 68 | 15:08 | Robert    | Barnard    | 51 | V  |       | Team Cystic Fibrosis          |
| 69 | 15:09 | Andrew    | Vaughan    | 57 | VM | 03:39 | City RC (Hull)                |
| 70 | 15:10 | Alexander | Royle      | 29 | M  |       | Manchester Bicycle Club       |
| 71 | 15:11 | Mark      | Hamer      | 48 | VM | 01:31 | Legato Racing Team (LRT)      |
| 72 | 15:12 | Martin    | Perrett    | 57 | V  |       | Team Ohten Aveas              |
| 73 | 15:13 | Andrew    | Askwith    | 58 | VM | 03:56 | Vive Le Velo                  |
| 74 | 15:14 | Iain      | Tebbutt    | 56 | V  |       | Coalville Whs                 |
| 75 | 15:15 | George    | Peden      | 23 | M  |       | Team PB Performance           |
| 76 | 15:16 | Andy      | Thomas     | 54 | VM | 02:52 | Lindsey Roads Cycling Club    |
| 77 | 15:17 | Neil      | White      | 55 | VM | 03:07 | Ambion Racing Team            |
| 78 | 15:18 | John      | Martin     | 61 | VM | 04:51 | Elmsall Road Club             |
| 79 | 15:19 | Simon     | Abdy       | 54 | V  |       | Barton Wheelers Cycling Club  |
| 80 | 15:20 | Oliver    | Peckover   | 25 | M  |       | trainSharp                    |

### Tandems

|    |       |         |             |    |     |       |              |
|----|-------|---------|-------------|----|-----|-------|--------------|
| 82 | 15:22 | Rachael | Elliott     | 45 | FVM | 05:30 | Newbury Velo |
| 83 |       | Ian     | Greenstreet | 59 | VM  |       | Newbury Velo |

### CATEGORY

|     |                               |
|-----|-------------------------------|
| M   | Male under40                  |
| F   | Female under 40               |
| V   | Male over 40                  |
| FV  | Female over 40                |
| VM  | Male over 40 Member of VTТА   |
| FVM | Female over 40 Member of VTТА |

AAT\* Age Adjusted Time